

## The Sanders Family

I first contacted Family Matters in 2015, when my son, Sebastian, was in kindergarten. I didn't know much about autism at the time. I was overwhelmed and I did not know which way to go. I was so excited when Patty Hooper called me back! I finally found a person who understood what I was going through, another parent just like me. She had so much experience navigating the special needs journey! I have contacted her multiple times and she helped me get familiar with legislation, with the school system, and she also had first-hand experience with a child with autism! I feel like I have a guide for the next steps along our journey and that takes a lot of stress off of me. Family Matters gave me the tools and the knowledge needed to help my son. I feel like I became a strong advocate for my son with the knowledge I gained. But, most importantly, I learned to see strength instead of weakness, to see an opportunity instead of a challenge, to see ability instead of disability, and to see the value of each person no matter what their level of ability may be. Family Matters gave me a different perspective from their years of experience.